

# Benson Outdoor Swimming Pool

# POOL RULES

**POOL PHONE: 843-2075**

## POOL RULES

- Shower before entering pool
- Anyone with an infectious or communicable disease may not enter the pool
- Swimming suits are required (NO thongs allowed)
- Obey the lifeguards & pool staff
- NO diving from any side of the pool
- NO gum in pool area
- Appropriate behavior at all times
- NO: Smoking, Running, Pushing, Shoving, Spitting, Swearing, Harassing, Dunking or Splashing
- NO sitting on shoulders
- NO snapping towels
- Non-Swimmers are restricted to the shallow end of the pool at all time unless accompanied by an adult
- NO playing or loitering in dressing rooms or taking extended showers
- NO hanging on ropes
- NO Food, Drink or Coolers May Be Brought In
- Concessions must be eaten in concession area
- NO pets or animals are allowed
- Phone is available for emergency calls only
- The following items are not allowed during Open Swim:  
Masks, Fins, Noodles, Tubes, Water Wings or Other Float Assisted Devices
- Concerns or complaints must be made to the manager on duty
- NO rough-housing in the pool
- Use basketballs only when shooting
- NO shooting basketballs off pool sides
- NO hanging from the basketball rim
- NO Dodge ball
- NO float-on devices
- NO swinging or hanging on ladders
- NO jumping between pools - plunge pool/lap pool

## ZERO DEPTH POOL RULES

- Children NOT toilet trained **MUST** wear Little Swimmer, No disposable diapers allowed
- Children 5 years and younger **MUST** be supervised at all times (A maximum of 5 children per supervisor)
- Children **MUST WALK**
- **DO NOT** play near ropes

### Open Swim Hours

1:00-8:00 p.m. (M, W, F, Sat)

1:00-6:00 p.m. (T, Th, Sun)

PM Lap Swim: (T, Th) 5:00-6:00 p.m.

Family Nights: 6:00-8:00 p.m. (T, Th, Sun)



**Benson Public Swimming Pool**  
North Hwy #9 • Benson, Minnesota

## DIVING RULES

- To dive off the board, swimmers must be able to swim the length of the pool or tread water for one minute
- Divers must wait on cement
- Only 1 diver at a time
- Divers may bounce once on the board
- Diving shall be limited to a forward motion from the board
- Divers shall swim to the nearest ladder to leave the pool
- Swimming under the board or hanging from the board is prohibited

## FLUME SLIDE RULES

- You **MUST** be at least 48" tall to use flume slide and be able to swim in 3' 6" of water
- NO zippers or rivets allowed on swimsuits
- NO: Jewelry, life jackets, face masks or other equipment can be worn on slide  
Swimmers must wait on the top step until lifeguard gives OK to proceed
- Previous slider must be on steps or ladder before entering slide
- One person at a time on the slide
- Sliders **MUST** lie on back with legs & hands crossed
- **KEEP YOUR HANDS INSIDE THE FLUME**
- **NO HEAD FIRST OR SITTING IS ALLOWED**
- Upon surfacing you must swim to the nearest ladder and leave pool
- NO swimming or loitering in the water slide splash-down area
- NO standing, kneeling, rotating, tumbling, or stopping on the flume
- NO walking up the slide
- NO going head first/stomach down the slide
- NO foreign objects down the slide (balls, dive sticks etc.)
- NO stopping on the slide